

Astrid Trim -- MPI Student Rep.

Editorial Staff

MPI student representative Astrid Trim is staying close to her roots. Born and raised in Toronto, Astrid attends Canadian Memorial College of Chiropractic (CMCC) in Toronto. Currently in her final semester at CMCC, Astrid is busily preparing for graduation and state boards. Her post-CMCC plans will include setting up practice in Toronto.

Astrid Trim, 25, has been interested in chiropractic since her days as a member of her high school track and field team. Due to an injury, she was unable to continue competing as a runner. Astrid credits Dr. Keith Innes as being her mentor and greatest inspiration to become a chiropractor. Dr. Innes encouraged her to get involved with chiropractic, and she says, "He really taught me a lot and encouraged me in my decision." Keith Innes, D.C., resides in Ontario, Canada and is the head of the MPI seminar faculty.

Astrid graduated from the University of Waterloo with a B.Sc. in biochemistry. She has been an MPI student representative since her first semester at CMCC. One of the goals that she accomplished as a student representative was establishing a student council sponsored Technique Club at CMCC. "That was something that I felt was important and I really wanted to do."

Astrid Trim will continue with her student rep. duties until her graduation in May.

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