



THE PROFESSION

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Seminar Adjusting Isn't the Problem; This Is

Give me a break. Dr. Lehman's entire article ["Quickie Seminar Adjustments Have No Place in Chiropractic," [February 2019 issue](#)] is a straw man written for the lawyers. Show us the actual damage; the cases in which harm has actually occurred.

Some of us who live in outlying areas would hardly ever get adjusted if not for seminars. It does not take very long to do a useful history and exam of the salient points rather than the CYA we do in practice. Is it documented? No, let's be real; but I do the due diligence before giving an adjustment and give the important points to someone adjusting me.

Much more serious to patient care and the professional image of chiropractic are these ridiculous YouTube videos DCs are posting. More and more I am confronted by patients or would-be patients about these videos showing all kinds of inappropriate adjustments that scare potential patients from getting care they need. I also get ridicule and questions from the medical colleagues I work with and with whom I have worked hard to develop professional, mutually respectful relationships.



Chiropractic now has made international news thanks to the DC in Australia who posted a video adjusting an infant, and now people worldwide have seen a DC holding a baby upside down. That is what the public got out of the video; not why the infant needed to be adjusted or how safe it is, and it is fueling a push to ban pediatric chiropractic.

Please stop posting videos. They are taken out of context and used to harm chiropractic and scare potential patients. Frankly, I think a few state boards need to be taking action against some of these videos I have been shown by patients. But no, let's focus on calling the rest of us incompetent for adjusting an informed colleague at a professional seminar.

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Editor's Note: Interested in sharing your thoughts with the profession? Letters to the editor can address any topic related to the art, philosophy and science of chiropractic, or respond to an article recently published in *DC*. Just email your letter (200-400 words is ideal) to editorial@mpamedia.com. Please include your full name, degree(s), and the city and state in which you practice. Submission is acknowledgment that your letter may appear in an upcoming issue of the publication.

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