

A First for COCSA: Dr. Kate Rufolo Elected President

Editorial Staff

The Congress of Chiropractic State Associations has a new president: Dr. Kate Rufolo, the first female president of COCSA and only the second woman to head a national chiropractic association. Dr. Rufolo was elected at COCSA's annual business meeting in November.

"It is exciting to break glass ceilings and to open up avenues as our profession continues to grow," said Rufolo.

So, who was the first woman to preside over a national chiropractic association? That would be Dr. Sylva Ashworth, who assumed the presidency of the Universal Chiropractors' Association in 1926. The UCA was formed by B.J. Palmer at Palmer School of Chiropractic in 1906; members ultimately helped form both the ICA and ACA.

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