

Northwestern's Wolf-Harris Center to Study Exercise for Adolescent LBP

Researchers at the Wolfe-Harris Center for Clinical Studies (WHCCS) at Northwestern Health Sciences University are leading the way in being among the first to study chiropractic and [exercise for low back pain in adolescents](#). In doing so, they will contribute to the much-needed evidence base regarding non-invasive, drug-free therapies for an understudied segment of the U.S. population.

Northwestern researchers are collaborating with the [University of Western States](#) (UWS) in Portland, Ore., on the study. The research teams are currently recruiting for the study, which will include 92 subjects at WHCCS and 92 subjects at UWS. They are looking for adolescents 12-18 years old who are in generally good health but are suffering from low back pain.

People in the Twin Cities area or the Portland area who are interested in participating in the study may call (952) 886-7598 or e-mail newstudies@nwhealth.edu to find out if they are eligible.

Source: Northwestern Health Sciences University