Dynamic Chiropractic

SPORTS / EXERCISE / FITNESS

California News Update

Editorial Staff

L.A. County Chiropractic Society Wins Award

The Los Angeles County Chiropractic Society (LACCS) was recently presented the 1990-1991 "Best of the Best Award" by the California Chiropractic Association (CCA). The CCA named the "Helping Other People Eat" (HOPE) Day program the best public relations program in the state.

Presidents of all 33 CCA chapters voted on the award, and CCA President Willard B. Smith, D.C., presented the award to Bradley J. Sullivan, D.C., LACCS' immediate past vice president, and CCA's first vice president.

On HOPE Day, LACCS members throughout the county opened their doors to treat patients free in exchange for donations of non-perishable food for the hungry. The 1991 HOPE Day collected nearly 80,000 pounds of food to help feed Los Angeles' hungry through "Love Is Feeding Everyone" (LIFE), a charity founded by actors Dennis Weaver and Valerie Harper.

Terry Weyman, D.C., Staff Member of Amateur Cycling Teams

Dr. Terry Weyman, an avid cyclist, was recently added as a staff member to the amateur cycling teams of "Shaklee" and "T.G.I.F.," just prior to the prestigious Mammoth Mountain Classic race.

Before joining the teams, Dr. Weyman had privately provided chiropractic care to T.G.I.F. riders Maureen Manley and Lisa Goldsmith, and Shaklee rider Jack Van der Veen. These riders received adjustments before and after competition and were enthusiastic about the care they received. The three riders petitioned coaches and managers to add Dr. Weyman as a staff member.

On the first day of the Mammoth Mountain Classic race, the Shaklee team riders lined up for adjustments and stretching. Two of the five riders achieved personal records.

The next day the T.G.I.F. team members joined the Shaklee team for pre-race adjusting. Treatments before each race included PNF stretching, muscle testing of all major cycling muscles, with emphasis on the psoas, hamstrings, quadriceps, piriformis, and gluteus muscles. If tested weak, neurolymphatic work was done; chiropractic adjustments, from head to toe, finished off the process. Anteriors for upper thoracics to counteract the cyclists' riding position was the adjustment of choice.

Team T.G.I.F. finished first in a large field which included top teams such as the USSR national team; team Shaklee finished third. Eve Stevenson of team T.G.I.F. had an individual placing of first overall.

After such excellent team results, Dr. Weyman was asked to continue chiropractic care for both teams as a salaried staff member, and will go to the U.S. Nationals as well as the Olympic Trials with the teams.

UCLA Dentistry Professor Speaks at LACC

Dr. Marvin Marcus, professor of dentistry at the University of California at Los Angeles (UCLA) Dental School spoke on outcomes assessment of educational programs to Los Angeles College of Chiropractic (LACC) faculty June 14. Dr. Marcus discussed the differences and similarities involved in outcomes assessments of dental and chiropractic schools.

LACC is currently involved in outcomes assessment. It has candidacy status with the Western Association of Schools and Colleges (WASC) and is seeking accreditation. Accrediting agencies often emphasize outcomes-oriented assessment.

Life West Faculty Members Lecture in Japan

Two faculty members from Life Chiropractic College West traveled to Japan on August 22 to serve as guest lecturers for two weeks at Tokyo Chiropractic College (TCC). Michael Schmidt, D.C., dean of Life West and chair of the technique department, and Michael Gazdar, D.C., technique instructor of chiropractic biophysics and integrated drop table, both made presentations to TCC students. They spoke on chiropractic philosophy, palpation skills, chiropractic analysis, and gave technique demonstrations.

Dr. Schmidt traveled to TCC's satellite campus in Osaka to present lectures and demonstrations, and both Dr. Gazdar and Dr. Schmidt presented whiplash, cervical spine, and chiropractic philosophy/history talks to a professional organization of Japanese field practitioners. The guest lecture program is part of an ongoing relationship between Life West and Tokyo Chiropractic College.

NBCE Selects Life West Chair as Member of Exam Committee

The National Board of Chiropractic Examiners (NBCE) recently chose Kathleen H. King, D.C., D.A.C.B.R., chair of Life West's radiology department, as a member of the committee drafting the x-ray component of NBCE's Fall 1991 clinical sciences examinations. The test committee will convene in Greeley, Colorado on October 18-20, 1991 to compile the exams which are taken by prospective chiropractors nationwide.

A 1985 graduate of Life West, Dr. King has been a member of the faculty since 1986. She holds diplomate status from the American Chiropractic Board of Radiology (ACBR) and has chaired the Life West radiology department since 1989.

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