

## What If ...

In keeping with the MPI paradigm and to maintain chiropractic's leading edge, it is important that we read current texts and journals on the various aspects of the chiropractic subluxation complex, and to attend postgraduate seminars. During the last few months I have received numerous letters and telephone calls asking for the names of textbooks and journals that contain information relevant to the chiropractic profession, ones that doctors can use to reference their medical/legal reports.

To produce such a list is an extremely easy task as our library contains hundreds of such texts and 15 or so journals. Needless to say, I doubt you would purchase such a voluminous body of work. I have therefore made a short list; in six months or so, I will add further references. In order to categorize these texts I have chosen to use the MPI seminar format of S1 and S2, and E1 and E2.

For the Spine 1 and Spine 2 seminars the following apply:

*1. Clinical Anatomy of the Lumbar Spine*

*Nikolai Bogduk and Lance Twomey*

*Second Edition*

*Churchill Livingstone ISBN 0-433-04339-6*

*2. Manipulative Therapy in Rehabilitation of the Locomotor System Second Edition Karel Lewit*

*Butterworth-Heinemann Ltd. ISBN 0-7506-1123-5*

*3. Orthopedic Physical Assessment - Second Edition David Magee W.B. Saunders ISBN*

*0-7216-4344-2*

*4. Managing Low Back Pain - Second Edition*

*W. Kirkaldy-Willis*

*Churchill Livingstone*

*ISBN 0-443-08189-1*

*5. Upper Cervical Syndrome*

*Howard Vernon*

*Williams and Wilkins*

*ISBN 0-683-08591-3*

*6. Back Pain*

*J. McM.Mennell*

*Little, Brown*

*7. Common Vertebral Joint Problems*

*G. Grieve*

*Churchill LivingLivingLivingstone*

*ISBN 0-443-02106-6*

*8. Modern Manual Therapy of the Vertebral Column*

G. Grieve  
Churchill Livingstone  
ISBN 0-443-03009-X

9. *Clinical Biomechanics of the Spine*  
Punjabi and White  
J.B. Lippincott  
ISBN 0-397-50720-8

For the Extremities 1 and 2 seminars these are the suggested readings:

1. *Orthopedic Physical Assessment - Second Edition*  
David Magee  
W.B. Saunders  
ISBN 0-7216-4344-2

2. *Orthopedic and Sports Physical Therapy*  
Gould and Davies  
Mosby  
ISBN 0-8016-2513-0

3. *Joint Structure and Function*  
Norkin & Levangie  
F.A. Davis  
ISBN 0-8036-6577-6

4. *Functional Soft Tissue Examination and Treatment by Manual Methods*  
W. Hammer  
Aspen Publishers  
ISBN 0-8342-0185-2  
Can be ordered from MPI 1-800-324-7758

I realize that this may seem like a rather lengthy list, but considering what is available, it is not.

I would like to address a question and a criticism that will most assuredly be put forth by some of our peers: Why does this list contain only two texts authored by DCs, and why are you quoting medical literature?

The answer is that manipulation/adjustment is generic and chiropractic does not own it. You need only look to a text of the very early 1880s, *Papers on Health*, to see with your own eyes some of the adjustments and concepts that we hold dearest to our hearts. Relax, the next list will have some additional texts authored by doctors of chiropractic.

So start reading, and have fun learning.

Keith Innes, DC

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Editor's Note:

Dr. Innes will be conducting his next Upper Extremities seminars on October 30-31 in Denver, Colorado and November 6-7 in Davenport, Iowa. You may register by calling 1-800-324-7758.

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