

## Kids with LBP Become Adults with LBP

Editorial Staff

A 25-year prospective study discovered that 14-year-olds with low back pain (LBP) in school were more likely to have problems as adults:

Back Problems at age 39:	LBP Kids	All Kids
LBP in Last Week	47%	33%
LBP in Last Month	69%	50%
Hospitalization	17%	7%
Deceased Work Activity	13%	5%

The study we'd like to see is one comparing children with LBP who received chiropractic care, versus kids with LBP who didn't. One tends to believe that the chiropractic kids would have fewer instances of LBP as adults, compared to their chiropractically deprived peers. ...

Harreby M, Neergaard K, Hesselsoe G, Kjer J. Are radiographic changes in the thoracic and lumbar spine of adolescents risk factors for low back pain in adults? *Spine* 1995;20:2298-2302.

DECEMBER 1996