

California College News

Editorial Staff

Life West Alumnus William Ruch, DC, Releases New Book

CRC Press has recently released the Atlas of Common Subluxations of the Human Spine and Pelvis, authored by Dr. William J. Ruch, DC, a 1986 Life West graduate and former faculty member.

Dr. Ruch, who has a private practice in Oakland, California, spent more than seven years of research and development in preparing the book. "The purpose of this book is to help the chiropractic, medical, and legal communities better understand the nature of the subluxation of the spine," explained Dr. Ruch.

In the book's introduction, Dr. Ruch states: "The subluxation of the vertebrae can have dramatic health consequences and can permanently alter an individual's quality of life. The goal of this book is to positively influence anatomically-based therapeutic intervention for spinal subluxations.

During his research, which came from studies performed at Life West, Dr. Ruch dissected all or part of the spines of 240 cadavers. Pictures of 130 of those spines are included in the book as photo documentation. Along with its text, the Atlas of Common Subluxations of the Human Spine and Pelvis features more than 250 illustrations and photos of x-rays, dissections, and advanced imaging that show progressive phases of dislocation and degeneration of the spine.

S.F. Magazine Focuses on Two Life West Graduates

Two Life West graduates were featured in the March 1997 issue of the magazine San Francisco Focus. In a special report, "Bay Area Doctors and Alternative Experts," Tom Hendrickson, DC, a 1986 Life West graduate, and Ann Honigman, DC, a 1988 graduate, were two of six doctors chosen in the chiropractic category.

Dr. Hendrickson, Dr. Honigman, and the others who made the magazine's final list were selected via a survey. More than 100 of the bay area's most respected alternative health care practitioners were polled by the magazine and asked who they would go to for alternative health care. The practitioners who made the final list were the ones recommended most frequently during the survey.

CCCLA Faculty Member to Visit South Africa with AIDS Delegation

Dr. Gyan Khare, chairman of the dept. of basic sciences at Cleveland Chiropractic College of Los Angeles, will travel to the Republic of South Africa in November as part of a delegation of specialists interested in AIDS.

Dr. Khare, who has a PhD in microbiology and pathology, has extensive experience in virology and

pathology research, and has discovered a number of antiviral compounds. He was asked to participate in the trip by Dr. Claude Nicolau, a visiting professor of medicine at Harvard Medical School. Dr. Nicolau was chosen by the Citizen Ambassador Program to lead the group. The project is overseen by People to People International, a program which began nearly 40 years ago under President Eisenhower's administration.

The purpose of the trip is an exchange of knowledge with the South African physicians, clinicians, and scientists concerning treatment of AIDS and HIV.

APRIL 1997