A recent study found that patients with symptomatic low back pain and MRI-confirmed lumbar hypolordosis were likely to suffer from paraspinal muscle spasms:

**Paraspinal Muscle Spasms: A Diagnostic Clue**

- History of paraspinal muscle spasms: 66%
- Positive physical exam for muscle spasms: 76%
- Positive history and physical exam: 48%